
Tobacco Cessation Services
In the State of Hawaii

Service Providers' Referral Guide

Clean*Break*
HAWAII

LIFE
AFTER
CIGARETTES

How to use this Tobacco Cessation Service Provider's Referral Guide.

Dear Tobacco Cessation Service provider:

The Tobacco Prevention and Education Program (TPEP) at the Hawaii State Department of Health, in collaboration with the Coalition for a Tobacco Free Hawaii's Cessation Advisory Group (CAG) recently updated the list of *tobacco cessation service providers*. This Tobacco Cessation Service Referral Guide is presented for your use.

This guide was developed using the US Department of Health and Human Services Public Health Services and Clinical Practice Guideline, for Treating Tobacco Use and Dependence, based on a survey of cessation service providers in Hawaii.

In this referral guide you will find contact information for the Hawaii Tobacco Quitline and other community-based tobacco cessation treatment programs available across the state. In addition, information is provided regarding each service providers program, including program length, type, cost, hours of operation, population served, as well as the availability of pharmacotherapy, translation services, and child care. When discussing the health benefits of cessation with your patients/clients, we encourage you to refer to the programs listed in this resource, which will also be posted on our website www.hawaii.gov/health/tobacco

Thank you for providing the most current program information to help more tobacco users quit.

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Tobacco Cessation Services In the State of Hawaii

S T A T E W I D E

Hawaii Tobacco Quitline

Island	Statewide
Contact Information	1-800-Quit-Now (1-800-784-8669) www.callitquitshawaii.org
Hours/Session Availability	Monday–Sunday 3:00 am – 9:00 pm
* Type	T, SH
Program Length	Total 5 sessions, First session 30 minutes, 2-5 sessions 15 minutes. One call or 5 sessions. Some people may not be eligible for 5 sessions/calls.
Program Cost	None
Pharmacotherapy	Nicotine Patch & Nicotine Gum. Free for uninsured
Translation	Translation services through Language Line
Populations Served	All adult tobacco users
Wheelchair accessible	N/A
Childcare	N/A

HMSA

Ready, Set, Quit: Telephone Counseling, Case Management, Tobacco Cessation Classes and NRT

Island	Statewide
Contact information:	Ready, Set, Quit! U'i Pimental • Case Manager Oahu 952-4432 • Neighbor Islands toll free at 1 (888) 225-4122 Fax 1-800-210-7210
Hours/Session Availability	8:00 am - 4:30 pm Monday – Friday
* Type	I, G, T, SH
Program Length	18 months of telephonic case management services. Classes at Castle Medical Center, The Queen's Medical Center, Straub Clinic and Hospital, and Waianae Coast Comprehensive Health Center. Class length and duration vary by location. Call Ready, Set, Quit! for class enrollment and information.
Program Cost	No charge for phone counseling services. No class cost for most HMSA members.
Pharmacotherapy	NRT provided depending on drug plan.
Wheelchair accessible	Yes, at class locations.
Childcare	No

American Lung Association of Hawaii Not on Tobacco

Special Program for Teens

Island	Statewide
Contact information	245 N. Kukui Street, Suite 100 Honolulu, HI 96817 Debbie Odo. Ph. (808) 537-5966 ext 305. • Fax 537-5971
Hours/Session Availability	Whatever the need, whenever a group can be formed, community and worksite locations
* Type	I, G, SH
Program Length	Ten sessions, 45 minutes to 1 hour + four optional booster sessions.
Program cost	Free
Pharmacotherapy	None
Translation	None
Populations served	Teens
Wheelchair accessible	Yes
Childcare	No

US Coast Guard

Work-Life Center Tobacco Cessation Program

Island	Statewide
Contact Information	400 Sand Island Parkway Honolulu, HI 96819 Health Promotion Manager Ph: (808) 842-2088 • Fax: 842-2098
Hours/Session Availability	0730 - 1530 M-F flexible; on a scheduled basis, at main location only.
* Type	I, G, T SH, O
Program Length	Four 60–90 minute sessions, program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	Free NRT and Zyban by prescription
Translation	None
Populations Served	Coast Guard and their families
Wheelchair accessible	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

O A H U

Kalihi-Palama Health Center

Smoke free Families Program

Island	Oahu
Contact Information	915 N. King Street Honolulu HI 96817 Anna Jimenez McMillan (No outside referral) Ph. (808) 848-1438 • Fax 845-2413
Hours/Session Availability	Weekdays on a scheduled basis by appointment
* Type	I, T, SH
Program Length	4 sessions 20 minute sessions program may last 6-18 months, longer if necessary
Program Cost	Free
Pharmacotherapy	NRT and AZB recommended only
Translation	Japanese, Thai, Tagalog, Ilocano, Spanish, Vietnamese, Korean, Chuukese, Marshallese, Chinese, and others
Populations Served	Pregnant women, General populations, Southeast Asians, Immigrants, homeless, Mentally ill Low-income individuals, People with existing medical conditions, Parents of young children, and adolescents
Wheelchair accessible	Yes
Childcare	No

The Center

Smoking Cessation Program

Island	Oahu
Contact Information	614 South Street, Suite 105 Honolulu HI 96814 Eduardo Hernandez Ph. (808) 545-2848 • Fax 545-1243 cessation@thecenterhawaii.org
Hours/Session Availability	Varies; sessions offered on a scheduled basis over a set period of time. Offsite locations.
* Type	I, G, T, SH, O
Program Length	Eight 1 1/2 hour sessions; program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Lesbian, Gay, Bisexual, Transgender
Wheelchair accessible	Yes
Childcare	No

Straub Hospital & Clinic

Freedom From Smoking Program (in partnership with American Lung Association of Hawaii)

Island	Oahu
Contact Information	888 S. King Street • Health Education Department, First Insurance Center 1100 Ward Avenue Suite # 940 Honolulu HI 96813 Kim Kaohi • Ph. (808) 522-4325 Fax 522-2428
Hours/Session Availability	Mondays 5:30 pm to 7:30 pm; whenever a group can be formed.
* Type	G, SH
Program Length	Eight, 2 hour sessions; program lasts 1 to 2 months
Program Cost	\$100
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Waianae Coast Comprehensive Health Center

Alternative Smoking Cessation Program

Island	Oahu
Contact Information	86-260 Farington Hwy, Waianae, HI 96792 • Alicia Higa • Ph: 696-1599 Fax: 696-1533
Hours/Session Availability	Thursdays 4:30 pm - 5:30 pm on a scheduled basis, ongoing, at Center. Individual sessions and home visits by appointment
* Type	I, G, T, SH, O
Program Length	Four 1 hour sessions; program lasts between 1 and 2 months
Program Cost	Free for WCCHC patients and HMSA members
Pharmacotherapy	NRT provided with variable discount
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

University Health Services Health Promotion Program

The Tobacco Challenge (Hawai'i Community Foundation Funding)

Island	Oahu
Contact Information	2600 Campus Rd, Rm 313D Honolulu, HI 96822 Pedro Haro-Arvizu Ph. (808) 956-3453 Fax. 956-6371 quit@hawaii.edu
Hours/Session Availability	Call or e-mail for individual appointment Mon – Fri, 8:00 am – 4:00 pm. At Queen Lili'uokalani Center for Student Services UH-Manoa campus.
*Type	I, SH, O (e-mail)
Program Length	Flexible, depending on individual needs
Program Cost	Free
Pharmacotherapy	Referral for free NRT if appropriate. Referral to campus clinic for AZB.
Translation	None
Populations Served	UH-Manoa students
Wheelchair accessible	Yes
Childcare	No



* TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Naval Health Clinic Hawaii

Health Promotion Department

Island	Oahu
Contact Information	Naval Health Clinic of Hawaii 480 Central Avenue Pearl Harbor HI 96860 Deborah Holden Ph. (808) 473-1880 ext 283 Fax 473-4452
Hours/Session Availability	Session at Kaneohe Bay Tuesday 1400 – 1500 Makalapa Wednesday 1000 – 1100 Second session 1630 – 1700
* Type	I, G, T, SH, O
Program Length	Four 1-hour sessions; program lasts 1 month or less
Program Cost	Free
Pharmacotherapy	Free NRT
Translation	Cantonese, Korean, Ilocano, Tagalog, Spanish and other
Populations Served	Active/retired military and/or their dependents
Wheelchair accessible	Yes
Childcare	No

Hickam Air Force Base Health and Wellness Center (HAWC)

Tobacco Cessation Program

Island	Oahu
Contact Information	800 Scott Circle Hickam AFB, Honolulu, HI 96853 Ms. Amy Gray, Health Education Program Manager Ph: (808) 448-6170 • Fax: 448-6370
Hours Session Availability	Tuesday 1600 - 1700, Wednesday 1400 - 1500
*Type	G, SH, O
Program Length	Six 1 hour sessions On a scheduled basis over a set period of time (e.g. bi-weekly for eight weeks)
Program Cost	Free
Pharmacotherapy	Free
Translation	None
Population Served	Active Duty military, dependents, DoD Civilians, Retired military and their dependents
Wheel Chair accessible	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii



Kaiser Permanente Hawaii Region

Health Education Tobacco Cessation Program

Island	Oahu, Maui, Hawaii
Contact Information	1010 Pensacola St. Honolulu, HI 96814 Belinda P Fagin • Ph: (808) 432-2274 Fax 432-2249
Hours/Session Availability	8:00 am-5:00 pm Monday–Friday, times and days vary from clinic to clinic. Main & offsite locations
* Type	I, G, SH, T
Program Length	One 1-hour session with phone follow up - program length per person varies; Telephone based counseling provided by Free and Clear - 12 month service
Program Cost	Members pay their usual office visit co-pay. \$25 for non-members
Pharmacotherapy	NRT covered at co-pay for members with drug plan benefits
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

* TYPE:

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray

AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

American Lung Association of Hawaii

Freedom From Smoking

Island	Oahu, Maui, Kauai, East Hawaii
Contact Information	245 N. Kukui Street, Suite 100 Honolulu, HI 96817 Debbie Odo • Ph. (808) 537-5966 ext. 305 • Fax 537-5971
Hours/Session Availability	Whatever the needs, whenever a group can be formed. Offsite locations.
* Type	I, G, SH,T (1-800-LUNG-USA, press 2)
Program Length	8 sessions, 1-2 hour; program lasts 2 months
Program Cost	\$100
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Castle Medical Center

Wellness & Lifestyle Medicine Center Castle Center for Nicotine Dependency Treatment

Island	Oahu
Contact Information	642 Ulukahiki Street, Suite 105 Kailua HI 96734 Beth Z. Davidann Ph: (808) 263-5050 • Fax 263-5054
Hours/Session Availability	Breathe Free classes 7:00 pm - 8:30 pm or individual by appointments
* Type	I, G, SH
Program Length	Breathe Free 9 sessions, 1-1/2 hours; program lasts 1 month or less
Program Cost	Breathe Free, \$100 or HMSA covers. For Individual appointment, individual \$75 and followup \$50
Pharmacotherapy	Information only
Translation	Japanese (upon request)
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

The Queen's Medical Center

Quit Tobacco

Island	Oahu
Contact Information	1301 Punchbowl Street Queen Emma Tower 5 Honolulu, HI 96813 Brenda Nakandakari Ph: (808) 537-7867 • Fax: 585-5010
Hours/Session Availability	8:00 am - 1:00 pm Monday–Friday, on demand, at Center.
* Type	I, T, SH
Program Length	Four sessions, 30 minutes or less; program lasts 6 months or longer (Individualized according to need)
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

The Queen's Medical Center

Smokeless

Island	Oahu
Contact Information	Health, Education and Wellness Dept. 1301 Punchbowl Street QET5 Honolulu, HI 96813 Donna Ready • Ph: (808) 547-4823 Fax: 505-5399
Hours/Session Availability	6:00 pm - 8:00 pm; program is offered on a scheduled basis, ongoing. This class requires a minimum of 6 participants.
* Type	G
Program Length	7 sessions, two hours long; program lasts 1 month or less
Program Cost	\$90 (Covered by some insurance)
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Kokua Kalihi Valley Comprehensive Family Services

Expanding Perinatal Smoking Cessation Program

Island	Oahu
Contact Information	2239 North School Street Honolulu, Hawai'i 96819 Jessica M. Minder Ph: (808) 791-9400 • Fax: 847-1144
Hours/Session Availability	Perinatal Services: Monday–Saturday 8:00 am - 6:00 pm WIC Services: Monday–Friday 8:00 am - 4:30 pm Saturday 8:00 am - 12:00 pm
*Type	I, SH
Program Length	Minimum of five 10–15 minute Sessions; program from prenatal/WIC Enrollment to 1 year postpartum
Program Cost	Free
Pharmacotherapy	None
Interpretation	Tagalog, Ilocano, Samoan, Vietnamese, Chuukese, Laotian, Fujenese, Tieuchu, Cantonese, Mandarin, Thai
Population Served	Women that are enrolled in KKV's Perinatal services
Wheelchair accessible	Yes
Childcare	No



★ TYPE:

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

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AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii

Kokua Kalihi Valley Comprehensive Family Services

Kalihi Stop Smoking Now

Island	Oahu
Contact Information	2239 North School Street Honolulu, HI 96819 Dr. Philip L. Wong • Ph: (808) 791-9426 Fax: (808) 847-1144
Hours/Session Availability	Monday–Saturday 8:00 am - 4:00 pm. Evening program, Monday, Wednesday, Friday 4:00 pm - 6:00 pm
* Type	I, G, SH
Program Length	Minimum of nine sessions – 60 min.
Program Cost	Covered by Quest and other Insurance
Pharmacotherapy	Free NRT
Interpretation	Tagalog, Ilocano, Samoan, Vietnamese, Chuukese, Laotian, Fujenese, Tieuchu, Cantonese, Mandarin, Thai
Population Served	Kalihi Valley residents
Wheelchair accessible	Yes
Childcare	No

Ke Ola Mamo Native Hawaiian Healthcare System, Oahu

Island	Oahu
Contact Information	1505 Dillingham Blvd., Room #205 Honolulu, HI 96817 Janice Fernandez Ph: (808) 848-8000 Ext. 230 • Fax: 848-8001
Hours Session Availability	8:00 am – 4:00 pm Monday – Friday
*Type	I,G
Program Length	Basic Tobacco Intervention and Training-Intervention for individuals and training for groups, 8 hour sessions
Program Cost	Free
Pharmacotherapy	None
Translation	None
Population Served	General Population
Wheel Chair accessible	Yes
Childcare	No

Free for life

Tobacco Cessation Program

Island	Oahu
Contact Information	44-160 Kou Place #2 Kaneohe, HI 96744 Toni Baran • Ph. (808) 235-2284 lovehawaii@hawaii.rr.com
Hours/Session Availability	6:00 pm - 8:00 pm (Location varies with class booking)
* Type	G
Program Length	Four sessions, 2 hours long
Program Cost	\$100 (Money will be returned if client attends all 4 classes)
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Alliance of Hawaii Hypnotherapist

Gnosis Smoking Cessation Program

Island	Oahu
Contact Information	1802 Ke'eaumoku Street # 4 Honolulu, HI 96822 Maria E. Endler • Ph. (808) 521-2999 Fax 239-5109 Enosis.cs@earthlink.net
Hours/Session Availability	6 days a week, varies
* Type	I,SH, Hypnosis
Program Length	Four sessions, 1 hour and 30 minutes
Program Cost	\$325
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	No
Childcare	No

★ TYPE:

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

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AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii

H A W A I I

Hawaii Acupuncture Association

Island	Oahu
Contact Information	425 Ena Road, Honolulu, HI 96815 John Welden, President P.O. Box 11202, Honolulu, HI 96828 Ph. (808) 538-6692
Hours/Session Availability	By appointment only
* Type	I, Acupuncture, O
Program Length	Ten sessions, 1 hour
Program Cost	Variable
Pharmacotherapy	None
Translation	Depends on Practitioner
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Tripler Army Medical Center

Tobacco Cessation Program

Island	Oahu
Contact Information	Department of Psychology, 1 Jarrett White Road Honolulu, HI 96859 Dr Michael Kellar Ph. (808) 433-1498 • Fax 433-1466 Michael.kellar@amedd.army.mil
Hours/Session Availability	7:30 am - 4:30 pm Monday–Friday Tuesday 8:30 am - 9:30 am, Wednesday 2:00 pm - 3:00 pm Thursday 10:00 am - 11:00 am
* Type	I, G, T, SH
Program Length	Eleven sessions 1 hour
Program Cost	Free
Pharmacotherapy	Free NRT
Translation	None
Populations Served	Military families, retirees, and family of retirees, people with existing medical conditions/diseases COPD, CA's, emphysema, heart disease, etc
Wheelchair accessible	Yes
Childcare	No

Bay Clinic Inc & Pahoa Family Health Center

Island	Hawaii
Contact Information	15-2866 Pahoa Village Rd Pahoa HI 96778 • Ronnette Gonsalves Ph: (808) 965-3010 • Fax 965-3060
Hours/Session Availability	8:00 am - 5:00 pm Monday–Friday; referral from a provider or nurse; regular, ongoing, continuous sessions at Center.
* Type	I, T, SH
Program Length	6 sessions, 30-45 minutes or less; program lasts between 2 and 4 months; brief interventions
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

West Hawaii Quit Quarters

Island	Hawaii
Contact Information	74-5599 Luhea St #D Kailua Kona, HI 96740 Laura Bollinger • Ph: (808) 990-7848
Hours/Session Availability	Ongoing 6 week classes. Monday–Wednesday 6:00 pm - 8 pm
* Type	G, SH, T, O
Program Length	8 sessions over 6 weeks (sessions 1.5 to 2 hours)
Program Cost	\$100.00 Covered by HMSA and others
Pharmacotherapy	NRT on discount rate
Translation	None
Populations Served	Tobacco users who are ready to quit.
Wheelchair accessible	Yes
Childcare	No

* TYPE:

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
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Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii

Hui Malama Ola Na OIwi Native Hawaiian Healthcare System

Tobacco Cessation Program

Island	Hawaii
Contact Information	69-A Railroad Avenue Hilo, 96720 Leimomi Shearer Ph: (808) 969-9220 • Fax 961-4794 leimomi@huimalamahawaii.com
Hours/Session Availability	8:00 am - 4:30 pm Monday–Friday, on demand. Main & offsite locations.
* Type	I, G, T, SH
Program Length	8 sessions, 120 minutes or less; program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Native Hawaiians and/or family members
Wheelchair accessible	Yes
Childcare	No

Hamakua Health Center

Patients Education Office

Island	Hawaii
Contact Information	45-549 Plumeria Street Honokaa HI 96727 Beverly Cypriano PH: (808) 775-7204 • Fax 775-9404 bcypriano@hamakua-health.org
Hours/Session Availability	9:00 am - 4:00 pm Monday–Friday, on demand. At Center only
* Type	I, T, SH
Program Length	3 sessions that are between 30 minutes and 1 hour; program lasts between 2 to 4 months
Program Cost	Free
Pharmacotherapy	NRT provided with variable discount
Translation	Ilocano and Tagalog
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Tutu's House

Ready or Almost Ready to Quit

Island	Hawaii
Contact Information	64-1032 Mamalahoa HWY # 305 Kamuela HI 96743 Dana Moody Ph. (808) 885-6777 • Fax 885-4998
Hours/Session Availability	By appointment
* Type	I, G, SH
Program Length	One introductory “get ready” one hour session. Then six sessions, 1 hour
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Department of Veterans Affairs

Tobacco Cessation Program

Island	Hawaii
Contact Information	Hilo Community Based Outpatients Clinic 1285 Waianuenue Avenue Suite 211 Hilo, HI 96720 Beverly Chang Ph (808) 935-3781 • Fax 935-3783 beverly.chang@va.org
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, T
Program Length	Ten sessions, 30 Minutes
Program Cost	Free
Pharmacotherapy	Free NRT
Translation	None
Populations Served	Military families, retirees, and family of Retirees and Veterans
Wheelchair accessible	Yes
Childcare	No

Tobacco Education and Assistance Program

A partnership with UH, Hilo

Island	Hawaii
Contact Information	Various Locations, East Hawaii Cara Sadira Ph. (808) 557-4838 • Fax 982-8793 Carasadira2000@yahoo.com
Hours/Session Availability	By Appointment
Type	G
Program Length	Seven sessions, 90 minutes
Program Cost	Free
Pharmacotherapy	Free NRT
Translation	Ilocano, Tagalog
Populations Served	General populations, Filipinos, Employees
Wheelchair accessible	No
Childcare	No

Lokahi Treatment Center

Tobacco Cessation Program

Island	Hawaii
Contact Information	68-1845 Waikoloa Road, Suite 224B Waikoloa, HI 96738 Candace Kauahi • Ph. (808) 883-0922 Fax. (808) 883-1022
Hours/Session Availability	Morning or evening
* Type	I, G
Program Length	Six to Thirty Six Sessions, 3 hours
Program Cost	\$40.00 per session
Pharmacotherapy	None
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

Big Island Substance Abuse Council

Island	Hawaii
Contact Information	81-947 Halekii Street Keakakekua, HI 96750 Jonelle Balucan Ph. (808) 322-3100 • Fax 322-3001
Hours/Session Availability	By appointment
Type	I, G, T, SH
Program Length	Varies
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General Population
Wheelchair accessible	Yes
Childcare	No



* TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
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Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii

MAUI

Judiciary Maui Drug Court

Island	Maui
Contact Information	2050 Main Street, Wailuku, HI 96793 Barbara-Ann Keller, Administrator Ph. (808) 442-3850 Fax. (808) 442-3888
Hours/Session Availability	At Drug Court Office Wednesdays 12:00 pm - 1:00 pm Thursdays 3:30 pm - 4:30 pm At Maui Community Correctional Center Females–Thursdays 11:00 am - 12:00 pm Males–Mondays 9:00 am - 10:00 am
* Type	Group Counseling
Program Length	Four sessions per month, 60 minutes each
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Those within the criminal justice system. Men, Women Tobacco users with chemical dependency.
Wheelchair accessible	Yes
Childcare	No

Community Clinic of Maui

Tobacco Dependence Treatment Program

Island	Maui
Contact Information	48 Lono Ave., Wailuku HI 96732 Kelley Aiyana Ph. (808) 872-4075 • Fax 872-4050 kelley@ccmaui.org
Hours/Session Availability	8:00 am - 6:00 pm; regular, ongoing, continuous sessions. Main & off-site locations.
* Type	I, SH
Program Length	Six 1-hour sessions; program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	NRT provided at no cost
Translation	Spanish, Tagalog, and Ilocano. Translation services through Language Line
Populations Served	Men, women, pregnant women, unemployed, uninsured, Lesbian, Gay, Bisexual, Transgender, HIV+/HepC, homeless, African American, Hispanic or Latinos. (For current CCM patients or people that actually become new patients by choosing CCM as their primary care providers.)
Wheelchair accessible	Yes
Childcare	No

Hui No Ke Ola Pono Maui's Native Hawaiian Healthcare System

Island	Maui
Contact Information	J. Walter Cameron Center 95 Mahalani St., Room 21 Wailuku, Maui, HI 96793 Joey Gonsalves Ph. (808) 244-4647 Fax (808) 242-6676 Hana Community Center 1501 Uakea Rd, Romm B-14 Hana, HI 96713 Kawika Kaina Ph. (808) 248-7502 Fax (808) 248-7836
Hours/Session Availability	8:00 am - 4:30 pm Monday–Friday
* Type	I, T, SH
Program Length	Individual Brief Interventions are provided on an on demand basis. Group intensive program encompasses a total of 11 weeks at an hour for each week
Program Cost	Free
Pharmacotherapy	Yes
Translation	None
Populations Served	General population Native Hawaiian, Uninsured, Low income individuals
Wheelchair accessible	Yes
Childcare	No



★ TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii

M O L O K A I

Na Puuwai Native Hawaiian Healthcare System

Island	Molokai
Contact Information	P.O.Box 130, Kaunakakai, HI 96748 Dr. Jill Oliveira Ph: (808) 553-8288 • Fax 553-8277 jill@napuuwai.org
Hours/Session Availability	5:00 pm - 6:00 pm once a week whenever a group can be formed. Main location only.
* Type	G
Program Length	10-week sessions; program lasts 3 months
Program Cost	Free
Pharmacotherapy	NRT provided at discount rate (Subject on availability of funds)
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

L A N A I

Coalition for a Drug Free Lanai Tobacco Cessation Program

Island	Lanai
Contact Information	730 Lanai Avenue, Suite #10 Lanai City, Lanai, HI 96763 Joelle Aoki • Ph. (808) 565-6043 Fax. (808) 565-6240
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, G, T
Program Length	Four sessions, 30 minutes
Program Cost	Free
Pharmacotherapy	NRT assistance
Translation	None
Populations Served	General population
Wheelchair accessible	Yes
Childcare	No

K A U A I

Wilcox Memorial Hospital Tobacco Treatment Program

Island	Kauai
Contact Information	3420 Kuhio HWY, Lihue, HI 96766 Sandy Higgins Ph: (808) 246-1356 • Fax 246-0895
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, G, T, SH
Program Length	Eight sessions between 30 minutes and 1 hour; program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General Population
Wheelchair accessible	Yes
Childcare	No

Kauai Rural Health Association

Tobacco Prevention & Cessation Service—Kauai East Side School Complex

Island	Kauai
Contact Information	Kapaa High School 4695 Mailihuna Rd, Kapaa, HI 96740 Valarie Saiki Ph. (808) 821-4401 ext. 140 Fax 821-4420
Hours/Session Availability	7:45 am - 2:45 pm; morning, lunch recess, after school, in school detention (ISD); regular, ongoing, continuous sessions at school year round
* Type	I, G, SH, O
Program Length	Ten sessions, 30 minutes
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Youth
Wheelchair accessible	Yes
Childcare	No

* TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Tobacco Cessation Services In the State of Hawaii



Ho'ola Lahui Hawaii Native Hawaiian Health Care System

Pau Tobacco

Island	Kauai
Contact Information	4491 Rice Street, Unit 6 Lihue, HI 96766 • Kamuela Aea Ph. (808) 240-0100 • Fax 246-9551
Hours/Session Availability	8:00 am – 4:30 pm Monday–Friday (Hours of operation) call to schedule an appointment
* Type	I, T, SH
Program Length	Varies
Program Cost	Free
Pharmacotherapy	None
Translation	Hawaiian - Niihau (Health Education Material only)
Populations Served	For registered users of Hoola Lahui Hawaii/Kauai Community Health Center
Wheelchair accessible	Yes
Childcare	No

Waimea High School/Canyon School

Tobacco Prevention and Cessation Program

Island	Kauai
Contact Information	9707 Tsuchiya Road Waimea, Kauai, HI 96796 Rebecca Smith Ph. (808) 338-6810 ext 155 Fax 338-6807
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, T, G
Program Length	Three to five sessions, 1 hour long
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Youth, Pregnant Teen
Wheelchair accessible	Yes
Childcare	No



* TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
AZB = Albuterol, Zyban, Bupropion SR
Other = Non-nicotine herbal remedies

Cessation Specialist Training Resources

Certified Tobacco Treatment Specialist Training

University of Massachusetts Basic Skills Training

Available online for \$100
<http://www.umassmed.edu/behavmed/tobacco/> or
call (508) 856-4099

Certified Tobacco Treatment Specialist Training

University of Medicine & Dentistry of New Jersey

UMDNJ-SPH-Tobacco Dependence Program
317 George Street, Suite 210
New Brunswick, NJ 08901
(732) 235-8220
Fax. (732) 235-8297
Email: joan.maurer@umdnj.edu

Certified Tobacco Treatment Specialist Training

Mayo Clinic

<http://www.mayoclinic.org/ndc-rst/tts-certification.html>

University of Wisconsin

Free CME course, 1 hour
Treating Tobacco Use by Michael Fiore
<http://www.cme.uwisc.org>

MedEdCME.com

<http://www.mededcme.com/tobacco.php>
Online CME for physicians

To access

US Public Health Service Clinical
Guidelines: Treating Tobacco Use and
Dependence: Clinical Practical Guidelines
And Treating Tobacco... Quick Reference
Online:
www.cancer.gov
www.ahrq.gov/path/tobacco.htm

Interactive website for smokers

www.Smokefree.gov

Next Generation California Tobacco Control Alliance (NGA)

<http://www.cessationcenter.org/index.htm>
complete website to help health care
practitioners learn more about smoking cessation

Cessation Programs for Providers

Quit Essentials

www.programstogo.com

Smoking Cessation Leadership Center

<http://smokingcessationleadership.ucsf.edu/index.html>

Self – Study Materials

Office of the Surgeon General

www.surgeongeneral.gov/tobacco

Centers for Disease Control and Prevention

800-CDC-1311
www.cdc.gov/tobacco

Office on Smoking and Health (OSH)

National Center for Chronic Disease
Prevention and Health Promotion
Centers for Disease Control and Prevention
Mail Stop K-50, 4770 Buford Highway, NE.
Atlanta, GA 30341-3724
800-CDC-1311 (800-232-1311)
770-488-5705
Fax: 770-488-5939
Fax: Information Service: 770-332-2552
Website: <http://www.cdc.gov/tobacco/>
E-mail: cdcinfo@cdc.gov

National Cancer Institute (NCI)

http://cis.nci.nih.gov/fact/8_13.htm
<http://cancer.gov> (see also Live Help link)
<http://smokefree.gov>
800-4-CANCER

American Cancer Society

800-ACS-2345
www.cancer.org

American Lung Association of Hawaii

Oahu: 808-537-5966 x305
Neighbor Islands: 800-LUNG-USA
www.ffsonline.org
www.lungusa.org
www.ala-hawaii.org

American Heart Association

800-AHA-USA (242-8721)
www.americanheart.org

American College of Obstetricians and Gynecologists for pregnant women

202-638-5577

American Legacy Foundation

www.americanlegacy.org

Hawaii State Department of Health Tobacco Prevention and Education Program

1250 Punchbowl Street, Room 217
Honolulu, Hawaii 96813
Phone (808) 586-4613
Toll Free (888) 810-8112
Fax (808) 586-8252
www.hawaii.gov/health/tobacco

Brochures

1. Think About It
2. Hawaii Cessation Handbook
3. Hawaii Tobacco Cessation Resources Guide
4. Tobacco Cessation Services In the State of Hawaii Service Providers' Referral Guide

Linda Lingle, Governor of Hawai'i
Chiyome Leinaala Fukino, M.D.
Director of Health

Hawai'i State Department of Health
Tobacco Prevention and Education Program
Chronic Disease Management and Control Branch
Community Health Division
1250 Punchbowl Street, #217
Honolulu, Hawai'i 96813-2416

Telephone: (808) 586-4613 + Toll Free (888) 810-8112
Fax (808) 586-8252
www.hawaii.gov/health/tobacco

NONDISCRIMINATION IN SERVICES

We provide access to our programs and activities without regard to race, color, national origin (including language), age, sex, religion, or disability. Write or call the Tobacco Prevention & Education Program or our Affirmative Action Officer at PO Box 3378, Honolulu HI 96801-3378 or at (808) 586-4616 (voice/TTY) within 180 days of a problem.

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